

Coach Certification Outline

(*subject to changed base on individual/group needs)

3-day Course on Soul Energy Alignment Tools and Techniques

Pre-Requisites:

- Read up to but not including chapter 26 in the manual.
- Review Charts and Protocols.

Day 1

- Welcome and Introductions: 10-10:30
Collect Release Forms and Code of Ethics
- Chakra Balancing Meditation: 10:30-11am
- Discussion and Sharing Chapters:11-11:45
 - Chapter 1 How you Suffer- p.6
 - Chapter 2 Your Fears- p.10
 - Chapter 4 Perception of God- p.18
 - Chapter 12 Lies- p.36
 - Chapter 22 Non-Acceptance- p. 61
- Introduce the Text: 12-12:30
 - What is SEA
 - The Mind
 - Chakra Basics
- Learning to Listen to your Intuition: 12:30-1
 - Setting an Intention
 - Importance of a Daily Practice, Meditation and Journaling
- Lunch: 1-2
- Working with a Pendulum and Pendulum Programming: 2-2:30
 - Charts and Download of Charts
- Working with Charts: 2:30-end by 5:30
 - Energy Alignment Instructions and Prayer Procedure
 - Working with and Elevating High Self
 - Overcoming Resistance to Elevation
 - Multiple Soul Protocol

Day 2

- Discussion, Sharing Insights: 10-10:30
- Future Self Meditation: 10:30-11:15
- Text Material: 11:15-11:45
- Brain Re-Alignment
 - Checking Percentages
- Brain Re-Alignment Protocol Using Form: 11:45-1
- Lunch: 1-2

- o. Using Charts: 2-end by 5:30
 - i. Ultimate Energy Alignment
 - ii. Vows, Contracts, Curses, Agreements
 - iii. Releasing Statements and Positive Potentials Download
 - iv. Protocols
 - v. Full Session with a Partner and Client Timing

Day 3

- p. Discussion, Sharing, Insights: 10-10:30
- q. Meditation to be Determined Based on Group Needs: 10:30-11:15
- r. Discussion of Text: 11:15-12
 - i. Addiction
 - ii. Grief
 - iii. Parent Protocol
 - iv. Ancestor Protocol
- s. Contribution, Code of Ethics & Professional Standards: 12-1
 - i. Being a Light Worker and Scope of Practice
 - 1. Release Forms
 - ii. Opportunities for Collective Collaboration
 - iii. Benefits of Being Part of the SEA Community
 - 1. Business Practices
 - 2. Marketing Materials
 - 3. Networking
- t. Lunch: 1-2
- u. Final Practicum
 - i. Perform an Energy Alignment on a Partner Demonstrating Competence
- v. Closing and Certification
 - i. Follow up With Weekly Zoom Coaching for 4 Weeks
 - ii. Next Course in 4 Weeks (Send a Friend and Receive a Private Session with your Mentor valued at \$300)
 - iii. Introduction to the Mastery Course- Becoming a Certified Mentor

Weekly Zoom Coaching: Days and Timing to be Determined

Discussion or Meditation-Soul Energy Alignment for the Group-Questions and Answers

Week 1

Building Your Network

-Attracting Success Meditation

-Sharing

Daily Practice- Begin a daily practice of observing the mind and your thoughts. Keep a journal to share your findings. Be sure to note miracles and things you are grateful for.

Week 2

Healing Relationships and Ancestors Discussion

- Healing Relationships Meditation
- Parent Protocol Demonstration

Practice- Parent Protocol and journal your findings.

Week 3

Health Consciousness

- Radiant Health Protocol (Assess your Health)
- Reprogramming the Organs
- Radiant Health Meditation

Practice- Journal the things you are grateful for as your awareness expands.

Week 4

Gratitude

- Releasing Statements
- Positive Potentials Download
- Greatness Meditation
- Sharing

Practice- Contemplate and write down things you love about yourself.

Alternative Topics

Addictions

- Mastering Unwanted Habits Meditation
- Addiction Protocol
- Reprogramming Negative Behaviors

Practice- As you evolve and expand, uncover your own obstacles. Seek out the things that are limiting your growth. Note your findings in your journal.

Working with Clients

- Working with Supreme Source Energy Effectively

-Conflict Resolution and the Importance of Neutrality

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